

Amanda Darling, M.D.

Philosophy of Care Dr. Darling believes in providing a combination of evidenced based, patient specific and

compassionate care. She believes that to provide the safest and most stress-free anesthetic, each plan must be individualized to the needs of the patient and their disease processes. By doing this,

the anxiety surrounding the perioperative period can be minimized.

Clinical Interests Dr. Darling is board certified in anesthesiology with subspecialty certification in pediatric

anesthesiology. She has interests and experience in anesthesia for congenital heart disease, regional

anesthesia and pediatric pain management.

Title Health Sciences Assistant Clinical Professor

Specialty Pediatric Anesthesiology

Department Anesthesiology and Pain Medicine

Division Pediatric Anesthesiology

General Anesthesiology

Address/Phone Patient Support Services Building, 4150 V St. Suite 1200 Sacramento, CA 95817

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Education M.D., University of Toledo College of Medicine and Life Sciences, Toledo OH 2013

B.S., Hillsdale College, Hillsdale MI 2009

Residency Anesthesiology, McGaw Medical Center of Northwestern University, Chicago IL 2013-2017

Fellowships Pediatric Anesthesiology, McGaw Medical Center of Northwestern University, Chicago IL 2017-

2018

Board Certifications American Board of Anesthesiology

American Board of Anesthesiology - Pediatric Anesthesiology

Professional Memberships American Society of Anesthesiologists

Society for Pediatric Anesthesiology

Honors and Awards The Dr. Donald F. & Mildred S. Funk Clinical Acumen and Compassionate Patient Care in

Anesthesiology Award, Northwestern Memorial Hospital Department of Anesthesiology, 2017

Alpha Omega Alpha Medical Honor Society Nomination, University of Toledo College of Medicine





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and Life Sciences, 2013

Select Recent Publications

Darling A, Lammers C. APC Congenital Heart Disease Guidelines for Non-Cardiac Surgery. Depart Anesthesiol and Pain Medicine, UC Davis Children's Hospital, Limited Distribution. 2020 Jun.

Darling A, Vadi M. Ophthalmologic Procedures in Pediatric Patients. Soc Pediatric Anesthesiol Global Lecture Series. 2019 Nov. Online publication: https://www2.pedsanesthesia.org/lecture_series/

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