

Melissa Arielle Berg Hopkins, M.D.

Philosophy of Care

Providing mental health treatment across development from childhood through adulthood is a passion of mine. I take a family-centered, collaborative approach to treatment, and I strive to engage other members of the care team such as primary care doctors and therapists.

Clinical Interests

Dr. Hopkins is a child and adolescent psychiatrist in the UC Davis Child Behavioral Health Clinic where she provides direct care and supervises residents and fellows. She also works in the UC Davis Health Primary Care Clinic Integrated Behavioral Health Program as an embedded psychiatric consultant, and she is the lead for the pediatric collaborative care program. Additionally, she is a co-preceptor in the Pediatrics Residency Continuity Clinics and trains pediatric residents about pediatric mental health care. Her clinical interests include integrated and collaborative care, mental health care for medically complex patients, adolescent mental health, student mental health, reproductive psychiatry, parent-child mental health, and psychotherapy.

Research/Academic Interests

Dr. Hopkins' scholarly focus is on programmatic development in pediatric behavioral health integration and inter-specialty collaboration between pediatric and child and adolescent psychiatry. This includes the development of a pediatric collaborative care program in the UC Davis Health Primary Care Clinics as well as building a Buddy Program with the child and adolescent psychiatry fellows and pediatric residents.

Title

Health Sciences Assistant Clinical Professor, Division of Child and Adolescent Psychiatry

Specialty

Child and Adolescent Psychiatry

Department

Psychiatry and Behavioral Sciences

Division

Child and Adolescent Psychiatry

Clinic

UC Davis Medical Group, Sacramento - Midtown

Center/Program Affiliation

UC Davis Children's Hospital
UC Davis Medical Group

Address/Phone

Psychiatry and Behavioral Sciences, Psychiatry and Behavioral Sciences - Behavioral Health Center, 2230 Stockton Blvd. Sacramento, CA 95817
Phone: 916-734-3574

Additional Phone

Clinic Phone: 916-734-3574
Clinic Fax: 916-734-0849
Physician Referrals: 800-4-UCDAVIS (800-482-3284)

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Melissa Arielle Berg Hopkins, M.D.

Education	M.D., University of Maryland School of Medicine, Baltimore MD 2013 B.A., Pomona College, Claremont CA 2008
Internships	Psychiatry, UC San Francisco, San Francisco CA 2013-2014
Residency	Psychiatry, UC San Francisco, San Francisco CA 2014-2017
Fellowships	Child and Adolescent Psychiatry, UC San Francisco, San Francisco CA 2017-2019
Board Certifications	American Board of Psychiatry and Neurology, Child and Adolescent Psychiatry American Board of Psychiatry and Neurology, General Psychiatry CA Medical Board, License
Professional Memberships	American Academy of Child and Adolescent Psychiatry American Psychiatric Association California Psychiatric Association Central California Psychiatric Association
Honors and Awards	Student Service Award, University of Maryland School of Medicine, 2013 Intramural Research Training Award (Fellow), National Institute of Mental Health, 2007 Intramural Research Training Award (Fellow), National Cancer Institute, 2006
Select Recent Publications	McMaster ML, Csako G, Giambarresi TR, Vasquez L, Berg M, Saddlemire S, Hulley B, Tucker MA. Long-term evaluation of three multiple-case Waldenstrom Macroglobulinemia families. Clin Cancer Res. 2007 Sep;13(17):5062-5069. doi:10.1158/1078-0432.CCR-07-0299. PMID:17785558.

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