



Debbie Aviva Aizenberg, M.D.

Philosophy of Care

My goal is to provide experienced specialty care in a manner that is compassionate. Each patient is valued as a unique individual. I communicate with patients and their families with kindness and empathy. Providing excellent care while taking the time for the patient and family to feel comfortable about medical decisions is of utmost importance.

Clinical Interests

Dr. Aizenberg specializes in the treatment of diseases of the ears, nose, throat, sinuses and head and neck region. Her services include comprehensive management of hearing and balance disorders, sinus and nasal problems, and sleep apnea. In addition, she has a special interest in pediatric disorders of the ears, nose, and throat and providing care for children is a significant part of her practice.

Research/Academic Interests

Dr. Aizenberg participates in clinical research and scholarship in the field of practice management and gender diversity in Otolaryngology. Dr. Aizenberg is also serving as the director for the UC Davis Women in Otolaryngology Interest Group. This group aims to inspire and encourage women otolaryngologists in training to achieve their personal and professional goals.

Title Professor, Department of Otolaryngology-Head & Neck Surgery

Specialty Otolaryngology (ENT/Ears, Nose, Throat), Pediatric Otolaryngology

Department [Otolaryngology](#)

Division Head and Neck Surgery
Pediatric Otolaryngology

Clinic UC Davis Medical Group, Rocklin

Center/Program Affiliation [UC Davis Children's Hospital](#)
[UC Davis Medical Group](#)

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Education



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	M.D., McGill University School of Medicine, Montreal, Quebec, Canada 2003 Premed, McGill University, Faculty of Science, Montreal, Quebec, Canada 1999
Internships	General Surgery, UC Davis Medical Center, Sacramento CA 2003-2004
Residency	Otolaryngology Head and Neck Surgery, UC Davis Medical Center, Sacramento CA 2004-2008
Board Certifications	American Board of Otolaryngology American Board of Otolaryngology, Complex Pediatric Otolaryngology
Professional Memberships	American Academy of Otolaryngology - Head and Neck Surgery California Ophthalmological Association Patient Access Collaborative Sacramento Society of Otolaryngology, Head and Neck Surgery Sierra Sacramento Valley Medical Society Society of University Otolaryngologists
Honors and Awards	Pregnancy and Fertility Trends Among Female Otolaryngologists, Best of Orals, AAO-HNS, 2021 Top Doctor Award, Sacramento Magazine, 2020 UC Davis Women in Medicine and Health Sciences Award, 2019 UC Davis Women in Medicine and Health Sciences Pilot Award, 2019 UC Davis Recognition for Excellent Service and Compassionate Care, 2016, 2017, 2018, 2019
Select Recent Publications	Said, M, Walby JA, Senders C, Aizenberg D. Mucocele of the Glands of Blandin-Nuhn, a rare complication following lingual frenectomy: case report. Int J Pediatr Otorhinolaryngol Case Reports. 2018 Sep;21:3-5. Farwell DG, Rees CJ, Mouadeb DA, Allen J, Chen AM, Enepekides DJ, Belafsky PC. Esophageal pathology in patients after treatment for head and neck cancer. Otolaryngol Head Neck Surg. 2010 Sep;143(3):375-8. doi:10.1016/j.otohns.2010.05.006. PMID:20723774. Mouadeb DA, Belafsky PC, Birchall M, Hood C, Konia T, Pinkerton KE. The effects of allergens and tobacco smoke on the laryngeal mucosa of guinea pigs. Otolaryngol Head Neck Surg. 2009 Apr;140(4):493-7. doi:10.1016/j.otohns.2008.12.034. PMID:19328336. Mouadeb DA, Rees CJ, Belafsky PC. Utilization of the LifeStat emergency airway device. Ann Otol



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Rees CJ, Mouadeb DA, Belafsky PC. Thyrohyoid vocal fold augmentation with calcium hydroxyapatite. Otolaryngol Head Neck Surg. 2008 Jun;138(6):743-6. doi:10.1016/j.otohns.2008.02.023. PMID18503847.

Belafsky PC, Mouadeb DA, Rees CJ, Pryor JC, Postma GN, Allen J, Leonard RJ. Validity and reliability of the Eating Assessment Tool (EAT-10). Ann Otol Rhinol Laryngol. 2008 Dec;117(12):919-24. doi:10.1177/000348940811701210. PMID:19140539.

Young J, Frenkiel S, Tewfik MA, Mouadeb DA. Long-term outcome analysis of endoscopic sinus surgery for chronic sinusitis. Am J Rhinol. 2007 Nov-Dec;21(6):743-7. doi:10.2500/ajr.2007.21.3108. PMID:18201458.

Mouadeb DA, Belafsky PC. In-office laryngeal surgery with the 585nm pulsed dye laser (PDL). Otolaryngol Head Neck Surg. 2007 Sep;137(3):477-81. doi:10.1016/j.otohns.2007.02.003. PMID:17765779.

Mouadeb DA, Ruckenstein MJ. Antiphospholipid inner ear syndrome. Laryngoscope. 2005 May;115(5):879-83. doi:10.1097/01.MLG.0000158666.15447.37. PMID:15867658.

Mouadeb D, Campisi P, Rochon L, Hier MP, Black MJ. Tongue necrosis, temporal arteritis, and esophageal carcinoma: is there a connection? J Otolaryngol. 2004 Feb;33(1):50-2. doi:10.2310/7070.2004.03001. PMID:15291278.

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