

Philosophy of Care

I believe in family centered care. I like explaining the disease and the need for treatment to the families as well as assisting them in choosing the best treatment option for their children. I also believe that mutual trust and ongoing communication are both important for successful outcomes.

Clinical Interests

Dr. Nandalike is a board certified pediatric pulmonologist and sleep medicine provider offering care for children with wide variety of pulmonary and sleep conditions such as asthma, cystic fibrosis, bronchopulmonary dysplasia, chronic cough, congenital lung malformations, invasive and non-invasive home ventilator therapies, sleep apnea, insomnia and hypersomnia. She has special clinical interest in treating children with obstructive sleep apnea and performing pediatric flexible bronchoscopies. Her research interest is in pediatric obstructive sleep apnea.

Research/Academic Interests

Dr. Nandalike is a clinical researcher. She has publications in pediatric asthma, cystic fibrosis, vaping associated lung injury, and pediatric sleep apnea. Her primary research interest is in the field of pediatric obstructive sleep apnea.

Title

Chief, Division of Pediatric Pulmonology and Sleep Medicine

Director, Pediatric Sleep Program Interim Director, UC Davis Sleep Lab Site Director for Pediatric TDN

Co-Director, UC Davis Pediatric Cystic Fibrosis Program Associate Clinical Professor, Department of Pediatrics

Specialty

Pediatric Pulmonology, Pediatric Sleep Medicine

Department Pediatrics

Division Pediatric Pulmonology

Pediatric Sleep Medicine

Center/Program Affiliation UC Davis Children's Hospital

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Languages Hindi, Kannada

Education M.D. (M.B.B.S.), JSS Medical College, Mysore, India 2000





Internships Pediatrics, Adichunchunagiri Institute of Medical Sciences, Bellur, India 2001-2002

Residency Pediatrics, Maimonides Medical Center, Brooklyn NY 2004-2007

Pediatrics, Chief Resident, Maimonides Medical Center, Brooklyn NY 2007-2008

Fellowships Pediatric Pulmonary, Montefiore Medical Center, Albert Einstein College of Medicine, Bronx NY

2008-2011

Pediatric Sleep Medicine, Montefiore Medical Center, Albert Einstein College of Medicine, Bronx

NY 2012-2013

Board Certifications American Board of Pediatrics

American Board of Pediatrics, Pediatric Pulmonology

American Board of Pediatrics-Sleep Medicine

California Medical License

Professional Memberships American Academy of Sleep Medicine

American Thoracic Society (ATS)

Honors and Awards Golden Apple Teaching Award, UC Davis Pediatric Residency, 2021, 2022

Top Doctors, Sacramento Magazine, Pediatric Pulmonology and Sleep Medicine, 2017, 2018,

2019, 2020, 2021, 2022

Best resident award during second year of residency, 2006 Star award for excellence during chief residency, 2008

Assembly on Sleep and Respiratory Neurobiology (SRN), 2011

Select Recent Publications https://pubmed.ncbi.nlm.nih.gov/?term=nandalike%2C+k%26amp%3Bsort=date

Solis RN, Aulakh SS, Velazquez-Castro OS, Farber NI, Olarewaju AM, Nandalike K, Tollefson TT, Senders CW, Funamura JL. Utility of Screening for Obstructive Sleep Apnea with the Pediatric Sleep Questionnaire (PSQ) in Children with Craniofacial Anomalies. Cleft Palate Craniofac J. 2022 Dec 26:10556656221147815. doi:10.1177/10556656221147815. Epub ahead of print. PMID: 36572962.

Conrad LA, Nandalike K, Rani S, Rastogi D. Associations between sleep, obesity, and asthma in urban minority children. J Clin Sleep Med. 2022 Oct 1;18(10):2377-2385. doi:10.5664/jcsm. 10114. PMID:35801341.





Saied N, Solis RN, Funamura J, Chen J, Lammers C, Nandalike K. Clinical Characteristics and Post-Operative Outcomes in Children with Very Severe Obstructive Sleep Apnea. Children (Basel). 2022 Sep 15;9(9):1396. doi:10.3390/children9091396. PMID:36138705.

Yau T, Bansal R, Hardin K, Senders C, Nandalike K. Nasal trumpet as a long-term remedy for obstructive sleep apnea syndrome in a child. SAGE Open Med Case Rep. 2021 Oct 26;9: 2050313X211055303. doi:10.1177/2050313X211055303. PMID:34721876.

Phong RY, Taylor SL, Robinson BA, Jhawar S, Nandalike K. Utility of Mid-Upper Arm Circumference in Diagnosing Malnutrition in Children With Cystic Fibrosis. Nutr Clin Pract. 2020 Dec;35(6):1094-1100. doi:10.1002/ncp.10593. Epub 2020 Oct 19. PMID:33078441.

Darmawan DO, Gwal K, Goudy BD, Jhawar S, Nandalike K. Vaping in today's pandemic: Ecigarette, or vaping, product use-associated lung injury mimicking COVID-19 in teenagers presenting with respiratory distress. SAGE Open Med Case Rep. 2020 Oct 30;8: 2050313X20969590. doi:10.1177/2050313X20969590. PMID:33194204.

Singh G, Hardin K, Bang H, Nandalike K. The Feasibility and Utility of Level III Portable Sleep Studies in the Pediatric Inpatient Setting. J Clin Sleep Med. 2019 Jul 15;15(7):985-990. doi: 10.5664/jcsm.7878. PMID:31383236.

Field-Ridley A, Sethi V, Murthi S, Nandalike K, Li ST. Utility of flexible fiberoptic bronchoscopy for critically ill pediatric patients: A systematic review. World J Crit Care Med. 2015 Feb 4;4(1):77-88. doi:10.5492/wjccm.v4.i1.77. PMID:25685726.

Nandalike K, Shifteh K, Sin S, Strauss T, Stakofsky A, Gonik N, Bent J, Parikh SR, Bassila M, Nikova M, Muzumdar H, Arens R. Adenotonsillectomy in obese children with obstructive sleep apnea syndrome: magnetic resonance imaging findings and considerations. Sleep. 2013 Jun 1;36





(6):841-7. doi:10.5665/sleep.2708. PMID:23729927.

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